

**West Virginia Wild Food Association  
Presents  
the 48th Annual  
Nature Wonder "Wild Foods" Weekend  
September 18-20, 2015,  
North Bend State Park, Cairo, West Virginia**

**EVENT SPONSORED BY:**

*Earl Ray Tomblin  
Governor  
State of West Virginia*

*Robert Fala  
Director  
West Virginia Division of  
Natural Resources*

*Steve Jones  
Superintendent  
North Bend State Park*

*National Wild Foods  
Association*



**Events Include:**

- **Saturday Speaker, Sam Thayer, author of *A Forager's Harvest* and *Nature's Garden***
- **Friday speaker, Chris Chmiel of Integration Acres, Ltd.**
- **Choose from several Wild Plant Hikes and a Walking Exposition**
- **Wild Foods Contest**
- **Wild Foods Social Hour**

**W**ith forty-eight years in the making, the 2015 Nature Wonder Wild Foods Weekend promises to provide a wealth of knowledge to those passionate about wild foods. Foragers from several states and all generations abound as we discover, revive and explore wild edibles with weekend walks, talks and social hours. Featured speakers Sam Thayer of Forager's Harvest and Chris Chmiel of Integration Acres will join local naturalists and wild foods enthusiasts to pack this weekend full of foraging fodder. From evergreen to deciduous, from fruiting to nut bearing, this year's program will highlight the abundant uses of native trees. With your choice of hikes designed to showcase the most wild foods possible, Sam and Chris and other experienced naturalists are ready to help participants branch out as they share their knowledge. Also included in the weekend are workshops and table talk, where everyone's wild food finds can be identified and discussed.

Sam Thayer, author of *The Forager's Harvest* and *Nature's Garden*, has been enthusiastically educating people about wild foods since his youth. Eager to share his love of all things foraging, Sam has become one of the nation's most recognized wild food authorities "connecting people and nature through the ancient craft of foraging" and will provide the Saturday evening program.

Chris Chmiel of Integration Acres, Ltd. has been bringing "pawpaws to the people" since 1996 and will bring them to Nature Wonder Weekend during the Friday evening program. Located in Southern Ohio, the Pawpaw Capitol of the World, Chris began focusing on his passion for sustainable, organic foods with the pawpaw and reintroducing it into the diets of modern people. Now his sustainable, organic harvests also include spicebush berries, mushrooms, ramps and other forest-farmed crops.

Other Friday highlights include a welcoming tour of the park and opening dinner followed by the Hazel Wood National Wild Food Cooking Contest and the Bill Faust Wild Cake Contest with three cash prizes of \$50 each. The contests are open to all registrants and awards will be presented in categories of main dish wild meat, dessert and wild food cake. The Wild Drink Contest winner is awarded the honorary Maxine Scarbro Friendship Cup. Saturday is overflowing with morning hikes, a workshop and the wild food social hour, dedicated this year to the late West Virginia Commissioner of Agriculture, Gus Douglas. Sunday morning provides a morning worship service led by Dr. Don Gartman, speaking on Euell Gibbons' views of God and nature as well as trees of the Bible. The Wild Food Nature Workshop, featuring several members of the Wild Foods Hall of Fame to discuss and answer questions about wild foods will end the information packed weekend.



The weekend begins with registration on Friday at the park lodge lobby from 2:00 p.m. – 8:00 p.m. At 3:00 p.m. there will be an informative tour of the park and surrounding area. A buffet dinner will be served in the lodge restaurant starting at 6:30 p.m. Be sure and enter the 29<sup>th</sup> Annual Wood-Faust sponsored Wild Foods Cooking Contest before the 8:00 p.m. Friday night meeting to try and win one of three \$50 cash prizes awarded for outstanding wild food entries. The awards continue to be provided through the generosity of Edelene Wood, the late Ira Wood and Bill Faust. A registration form for the wild food contest is attached.

After breakfast on Saturday, small groups under the leadership of guest naturalists and park staff will hike or tour the area looking for edible wild foods. Following Saturday's luncheon, these groups will gather to prepare wild foods to be shared during the afternoon's wild food social hour. A buffet dinner will be available in the lodge restaurant on Saturday evening. Sunday morning the restaurant offers a buffet breakfast followed by a morning worship service and a wild foods workshop.

## Reservation Information

When making reservations you may choose between a room in the lodge or a stay in a more private cabin. Lodge rooms include television, telephone, a mini-fridge, coffee pot, iron and ironing board. Cabins are completely equipped for housekeeping with a full kitchen and bath, telephone and fireplace. North Bend State Park also offers several camping choices from basic sites to sites that include water and electric. Although wild foods are featured throughout the weekend, five (5) conventional meals will be provided by North Bend Lodge Restaurant.

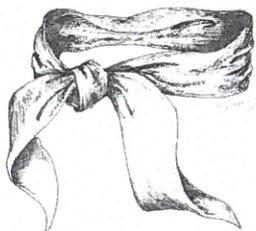
Lodge, cabin and campground reservations may be made along with event registration via the provided form. If you choose to camp, you will need to indicate either all weekend activities or Saturday activities only in addition to your campground preference on the reservation form. Additionally, if you wish to be accompanied by a pet, please contact the park directly at (304) 643-2931 regarding pet-friendly cabins and the additional fees associated with this accommodation. If you plan to arrive on Thursday, please contact the North Bend Lodge in advance to make your reservation for that night.

Refunds will be honored until September 4, 2015. After September 4th, you are only eligible for a refund if your accommodations can be rented.

If any additional information is needed, please contact Emily Fleming or Wendy Greene at 304-558-2754 or via email at [Emily.J.Fleming@wv.gov](mailto:Emily.J.Fleming@wv.gov) and [Wendy.L.Greene@wv.gov](mailto:Wendy.L.Greene@wv.gov).

[www.northbendsp.com](http://www.northbendsp.com)

[www.wvdnr.gov](http://www.wvdnr.gov)



**48th Annual Nature Wonder Weekend  
September 18-20, 2015  
Reservation Form**

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

Reservations are being made for the following persons. List name as you wish it to appear on the name tag.

| NAME | CITY/STATE |
|------|------------|
|      |            |
|      |            |
|      |            |
|      |            |

**All Weekend Activities and Double Occupancy Lodge Room** - \$171.00 per person \_\_\_\_\_

**All Weekend Activities and Single Occupancy Lodge Room** - \$237.00 per person \_\_\_\_\_

**All Weekend Activities and Full Occupancy Cabin Lodging** - \$177.00 per person \_\_\_\_\_

Full cabin occupancy based on 3-5 people in a cabin. If less/more please call 304-558-2754 for cabin rate.

**All Weekend Activities and Lodging - CHILDREN (ages 7-11)** - \$75.00 per child \_\_\_\_\_

**Campground Only - No Activities included**

(please choose one of the three activities options below with your campground reservation)

- Cokeley — Electric and Water** \$52.00 per site \_\_\_\_\_
- River Run — Electric Only** \$46.00 per site \_\_\_\_\_
- River Run — Non-Electric** \$40.00 per site \_\_\_\_\_
- Layfield — Primitive** \$34.00 per site \_\_\_\_\_

**All Weekend Activities, Including 5 Meals (No Lodging)** - \$107.00 per person \_\_\_\_\_

**Saturday Activities Only (Lunch & Dinner and Wild Foods Tasting Event)** - \$67.00 per person \_\_\_\_\_

**Saturday Activities Only (Including Wild Foods Tasting Event - No Meals)** - \$30.00 per person \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED** \_\_\_\_\_

**Please indicate if you have any dietary restrictions below:**

**Gluten Free** \_\_\_\_\_ **Dairy Free** \_\_\_\_\_ **Nut Free** \_\_\_\_\_ **Vegan** \_\_\_\_\_ **Other** \_\_\_\_\_

Checks and credit cards are accepted. Make checks payable to "WV Division of Natural Resources" and mail with reservation form to address below. If paying by credit card, please call 304-558-2754 to pay over the phone. Payment will be returned if reservations are not available.

WV Division of Natural Resources  
 324 4th Avenue, Room 328  
 South Charleston, WV 25303

29th Annual Wood-Faust  
National Wild Foods Association  
Wild Foods Contest\*  
SEPTEMBER 18-20, 2015

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

Please indicate which contest you are entering:

\_\_\_\_\_ **HAZEL WOOD COMMEMORATIVE WILD FOODS CONTEST**

Edelene Wood and her brother, the late Ira Wood, will provide two \$50 prizes for the best wild food cooks in the categories of main dish wild meat and dessert. You must have your entry prepared by 8:00 p.m. for the Friday evening program. You may submit your entry in the designated area of the lodge lobby.

NAME OF ENTRY:  
\_\_\_\_\_

\_\_\_\_\_ **BEST WILD CAKE**

Bill Faust of Warsaw, North Carolina, will provide a \$50 prize for the best wild cake. Bill is also the longtime judge of these contests. You must have your entry prepared by 8:00 p.m. for the Friday evening program. You may submit your entry in the designated area of the lodge lobby.

NAME OF ENTRY:  
\_\_\_\_\_

\_\_\_\_\_ **MAXINE SCARBRO WILD FRIENDSHIP CUP**

The cup will be awarded to the person making the best wild drink. Your drink must be prepared for the Saturday afternoon Wild Foods Party in the lodge conference room..

NAME OF ENTRY:  
\_\_\_\_\_

I will prepare the following foods for the Saturday Social:

\_\_\_\_\_  
\_\_\_\_\_

\*Preregistration for the contest is not required.